

受験番号	
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(問題用紙 4 枚中 1 枚目)

1. 次の英文を読んで設問に答えなさい。(解答は所定の解答欄に記入すること)

If you are interested in living a long and healthy life, one of the most important things you can do is eat breakfast. Breakfast is the most important meal of the day, but many people skip it thinking that it will help them lose weight. When you don't eat breakfast, you have two negative effects on your body. First, since your body goes so long without food, it thinks you are starving^{*1} and automatically slows down your metabolism^{*2}. A slow metabolism means that even if you eat (①) food, you keep (②) nutrition^{*3} saved as fat.

A second problem is that if you skip breakfast, you won't have the required nutrition and energy you'll need for the rest of the day. This means that you will be less active, making it more difficult to burn calories and lose weight.

Studies also show that people who eat a healthy breakfast have a more positive attitude and they perform better. (③), students who eat breakfast do considerably better in school than those who don't eat breakfast. It's best if you eat a well-balanced breakfast, but any breakfast is better than none.

(『一分間に200語の英文を読めますか?』角川書店, p.128-129, 一部改変)

語注 : *1 **starving** (餓死寸前で), *2 **metabolism** (新陳代謝), *3 **nutrition** (栄養)

- (1) 本文のカッコ①とカッコ②に入る最も適切な組み合わせを下から選び、記号で答えなさい。

	①	②
(A)	most	least
(B)	least	most
(C)	more	less
(D)	less	more

- (2) 本文のカッコ③に入る最も適切な語を下から選び、記号で答えなさい。

- (A) However
- (B) In fact
- (C) Furthermore
- (D) On the other hand

- (3) 下線部のA second problem (2つめの問題点)の内容を日本語で答えなさい。

2. 以下の文を和訳しなさい。(解答は所定の解答欄に記入すること)

- (1) When did you get the pain?
- (2) A good laugh is much more than medicine.
- (3) Looking at your smartphone all the time is bad for your eyes.

3. 以下の文の下線部に入る最も適切な語の記号を解答欄に記入しなさい。

- (1) _____ you tired?
(a) Are (b) Am (c) Is
- (2) My sister suffers _____ stomachache.
(a) from (b) to (c) over
- (3) Sleeping is _____ .
(a) importance (b) important (c) import
- (4) Has he had any _____ illnesses?
(a) each (b) some (c) other
- (5) I have to hand in the report _____ the end of this month.
(a) by (b) in (c) until
- (6) I'm sorry, but I'm _____ to help you now.
(a) impossible (b) unable (c) unlikely
- (7) People _____ weight problems shouldn't eat rich desserts.
(a) at (b) on (c) with
- (8) I was so tired _____ I went to bed early last night.
(a) because (b) if (c) that
- (9) If I _____ about his illness, I would have visited him at the hospital.
(a) know (b) knew (c) had known
- (10) Keep away from me, _____ I have a very bad cold.
(a) but (b) for (c) so

4. 日本語の文に合うようにカッコの中の英単語を並べ替え、解答欄に記入しなさい。

ただし、最初にくる単語も小文字で示しています。

(1) 水をいただけますか？

(water, can, any, I, have)?

(2) うつぶせになってください。

(lie, your, please, on, stomach).

(3) 痛み止めを1週間分、出しておきます。

(week, give, for, will, I, you, one, painkillers).

(4) 私は健康によくないからたばこをやめました。

(not, quit, it, I, because, is, smoking, healthy).

(5) 病院に運ばれた少年は誰だったの？

(the, to, was, carried, the, who, hospital, boy)?

5. 次の日本文の内容を英語で伝えなさい。(解答は所定の解答欄に記入すること)

(1) 私は食欲がありません。

(2) そんなに考えすぎていると、胃に穴があいちゃうよ。